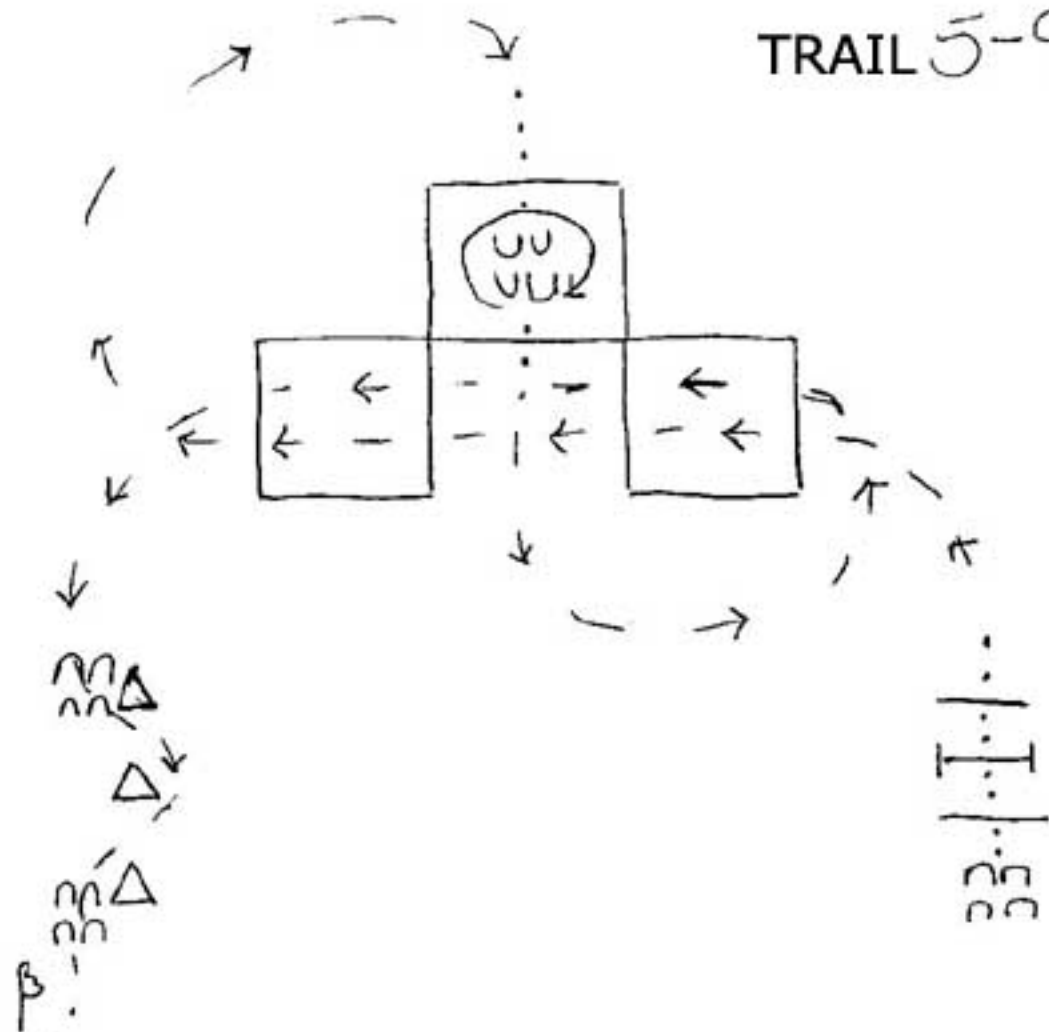


# TRAIL 5-9



1. Walk over poles and through the gate
2. jog through the squares
3. Walk into square turn  $360^\circ$  turn to the right
4. Walk out of square and jog back through the squares
5. Back through cones
6. Exit arena at a walk